



# VERTICAL DINER<sup>®</sup>

**100% Plant Based**



**CHECK  
OUT OUR  
RETAIL FRIDGE  
AND FREEZER  
!!!!!!**

# SHAREABLES

- HAND CUT FRIES (GF)** 9  
Make it Spicy +1  
Cheezy +2  
Animal Style +4  
(adds cheeze, vertical sauce, bacun and grilled onions)
- CHIPS AND SALSA (GF)** 7
- CHIPS AND GUAC (GF)** 9
- NACHO MAMA (GF)** 16  
tortilla chips smothered in cheeze sauce, red sauce, salsa, zour cream and topped with rice and beans, smoky jackfruit and guacamole

**TENDER TIGERS** 13  
chikun style tenders made from wheat protein served with ranch dressing

**BUFFALO TIGERS** 🌶️ 14  
chikun style tenders tossed in buffalo sauce served with ranch dressing

# EAT YOUR GREENS

- CHIKUN CEASAR SALAD** 17  
mixed greens tossed with ceasar dressing, cucumber, tomato, onion, topped with carrots, spiral beets, croutons, tender tigers and avocado
- THAI BASIL SALAD (GF)** 17  
mixed greens tossed in special thai dressing, cucumber, tomato, onion topped with red cabbage, carrot, spiral beets, artisan kimchi, lime wedges and avocado  
**add tempeh bacun +2**
- FIESTA SALAD (GF)** 17  
mixed greens tossed in cilantro lime dressing, smoky jackfruit, carrot, cucumber, red cabbage, tomato and onion topped with tortilla chips, black beans and rice, salsa, zour cream and guacamole
- MILE HIGH COBB (GF)** 17  
mixed greens tossed in creamy Italian ranch, cucumber, red cabbage, tomato, onion, beets, carrots, tempeh bacun, avocado and tofu scramble  
**add tender tigers +2**



# BREAKFAST ALL DAY!

<b>BISCUITS AND GRAVY</b>	9
<b>B.B. TOAST (GFO)</b>	8
smashed avocado toast, topped with artisan kraut, diced tomatoes and almond parmezan	

<b>CHIKUN AND BISCUIT</b>	17
toasted biscuit topped with tender tigers and gravy served with country potatoes and grilled vegetables	
<b>LA MESA (GF)</b>	17
country potatoes topped with tofu scramble, black beans and rice, red sauce, peppers and onions, soyrizo, cheeze sauce, zour cream, salsa and guacamole	
<b>POWER PROTEIN BOWL (GF)</b>	17
sauteed vegetables, tofu scramble, steamed spinach, brown rice, red cabbage, artisan kraut, chipotle aioli, and avocado	
<b>SWEET STACK (GFO)</b>	15
either three slices of french toast or three pancakes topped with fresh berries, powdered sugar and coconut whip	
<b>GARDEN BREAKFAST PLATE (GFO)</b>	17
tofu scramble tossed with our garden vegetables topped with avocado served with country potatoes, salsa and toast	
<b>BLUE PLATE BREAKFAST (GFO)</b>	11
tofu scramble, country potatoes, slice of toast and jam	

## CLASSIC BREAKFAST PLATES 17

items below come with one choice of:

fennel sauzage, tempeh bacun, grilled mushrooms, soyrizo

### THE AVALANCHE (GFO)

side of two pancakes, country potatoes, tofu scramble protein choice  
**add blueberry, strawberry, chocolate chips or banana +.50**

### THE MOUNTAIN (GFO)

country potatoes, tofu scramble, peppers and onions, cheeze sauce, protein choice and guacamole

### SUNRISE BURRITO

flour tortilla stuffed with tofu scramble, rice and beans, protein choice, peppers and onions, smothered in cheeze sauce, red sauce, and zour cream, topped with salsa and guacamole, served with country potatoes

### EARLY BIRD SANDWICH (GFO)

biscuit loaded with tofu scramble, cheeze sauce, protein choice and side of country potatoes

### BOMBTASTIC BISCUITS AND GRAVY

classic bowl of biscuits and gravy, served with country potatoes. tofu scramble and protein choice

# BURGERS, BURRITOS, AND SANDWICHES

All items below are served on french bread or gluten free for \$1

And served with a single side

(Hand Cut Fries, Side Salad, Mac and Cheeze, Mashed Potatoes and Gravy)

Substitute FAUX meat burger for \$2

Substitute breaded chikun patty for \$1

## IAN MACKAYE

lentil veggie burger topped with mac and cheeze, vertical sauce and LTO

18

## JOAQUIN PHOENIX (GFO)

lentil veggie burger topped with smokey tempeh bacun, dill pickles, ranch and LTO

18

## MOBY (GFO)

lentil veggie burger topped with jalapenos, cheeze sauce, guacamole, chipotle aioli and LTO

18

## STEVIE WONDER (GFO)

lentil veggie burger topped with tofu scramble, gravy and LTO

18

## BREADED CHIKUN SANDWICH

crispy breaded chikun patty, pickles, ranch and LTO

17

**Buffalo Style** 🌶️ +1

## NO HARM CHIKUN PARM

crispy chikun patty, red sauce, peppers and onions and almond parmezan

17

## PDX CHEEZE STAKE

grilled seitan, mushrooms, peppers and onions smothered in cheeze sauce

17

## VERTICAL REUBEN

grilled seitan with artisan saurkraut and vertical sauce on rye bread

17

## TBLAT (GFO)

smoky tempeh bacun, avocado, lettuce, tomato and ranch on grilled french bread

17

## CHIPOTLE CHIKUN MELT

seitan chikun, peppers and onions, pickled jalapenos, chipotle aioli and melted cheeze

17

## CALIFORNIA BURRITO

flour tortilla stuffed with jackfruit, rice and beans, cabbage, hand cut fries, chipotle aioli and guacamole

17

## SLOPPY JOE (GFO)

soyrizo, peppers, onions and jalapenos

15

# ELEVATED PLATES

**VERTICAL TACOS (GF)** 17  
 three corn tortilla tacos with smokey jackfruit, grilled vegetables, artisan kimchi, garlic aioli and guacamole served with a side salad

**SOYRIZO TACOS (GF)**  
 three corn tortilla tacos with soyrizo, peppers and onions, grilled pineapple, cabbage and salsa with a side salad

**THE "DUDE" CAKES (GFO)** 18  
 two pancakes stuffed with sauzage, peppers and onions, mushrooms smothered in gravy and topped with hand cut fries

**CHIKUN FRIED STAKE** 18  
 breaded chikun patty with mashed potatoes and gravy and grilled broccoli

**AMERICAN DINER** 16  
 hand cut french fries topped with tender tigers and country gravy

## MAC BOWLS!

All bowls are topped with almond parmezan

OG	10
BUFFALO TIGER 	13
TEMPEH BACUN AND BROCCOLI	15
BREAKFAST sauzage, country potatoes, salsa, cabbage, and avocado	15

## BUILD YOUR OWN BREAKFAST 5/EACH

TOFU SCRAMBLE (GF)

TEMPEH BACUN (GF)

GRILLED MUSHROOMS (GF)

BREAKFAST SAUZAGE (GF)

COUNTRY POTATOES (GF)

GRILLED VEGGIES (GF)

SOYRIZO (GF)

FRUIT CUP (GF)

SINGLE SLICE FRENCH TOAST (GF)

PANCAKE ALA CARTE (GFO)

banana, chocolate chip, blueberry, strawberry **+.50**

## EXTRAS

MAC AND CHEEZE CUP 6

MASHED POTATOES AND GRAVY (GF) 6

BROCCOLI AND CHEEZE (GF) 7

SIDE HOUSE SALAD (GF) 6

SIDE OF GRAVY OR CHEEZE SAUCE 3

EXTRA AVOCADO OR GUAC 2

ALL EXTRA SAUCES 1



# COCKTAILS

BOOZY FLOAT	RUM, ROOT BEER, VANILLA ICE CREAM 13
BOOZY BOOCH	VODKA, LIONHEART KOMBUCHA 10
NAUGHTY CHAI	RUM, HOUSE CHAI MIX 10
GIN AND JUICE	GIN, ORANGE JUICE, POMEGRANATE 10
WHISKEY SOUR	WHISKEY, HOUSE SOUR MIX 10
PINEAPPLE EXPRESS	TEQUILA, SOUR MIX, PINEAPPLE JUICE 11
BLOODY SUNDAY	VODKA, HOUSE BLOODY MIX 10
MARGARITA	TEQUILA, HOUSE SOUR MIX 10
POM MIMOSA	SPARKLING WINE, OJ, POMEGRANATE 9
ORANGE MIMOSA	SPARKLING WINE, OJ 9
IRISH COFFEE	IRISH WHISKEY, LIQUOR, COFFEE, COCO WHIP 9

## HOT DRINKS

(OAT OR SOY MILK AVAILABLE)

COFFEE (BOTTOMLESS)	3
AMERICANO	4
LATTE	5
MOCHA	5
ESPRESSO	3
HOT CHOCOLATE	5
HIGH ELIXER CHAI LATTE	5

## COLD DRINKS

ORANGE JUICE	4
APPLE JUICE	4
LEMONADE	4
ICE TEA	4
GINGER BEER	4
ROOT BEER	4
BLACK CHERRY SODA	4
VANILLA CREAM SODA	4
ORANGE SODA	4
OAT MILK OR SOY MYLK	3
CHOCOLATE MYLK	3
LIONHEART KOMBUCHA	6

## TEA 3

DECAF	CAFFEINATED
CHAMOMILE	ASSAM
PEPPERMINT	GREEN
ROOIBOS	JASMINE
FRUITY BLEND	EARL GREY
IMMUNE BLEND	YERBA MATE
AFTER DINNER	

## DESSERTS 9

BROWNIE SUNDAE (FUDGE, PEANUT BUTTER, OR WALNUT)
TIRAMISU
CARROT CAKE
ROOT BEER FLOAT (GF)
TRIPLE THREAT (GFO) THREE SMALL BANANA PANCAKE TOPPED WITH VANILLA ICE CREAM AND DRIZZLED WITH CHOCOLATE SAUCE
MILKSHAKES (GFO) VANILLA, CHOCOLATE, STRAWBERRY, CHAI, MOCHA, ESPRESSO, BROWNIE

@VERTICAL\_DINER\_PDX

(GF) = gluten free (GFO) = gluten free option

We do use a separate grill and fryer for all gluten free items, but to be safe please let us know of any common allergies (soy, nuts, gluten) so we can take extra care. All ingredients are not listed in descriptions. We also politely decline any alterations or substitutions. Thank you for dining with us.